

APPETISERS

Mixed olives £3.00	Artisan bread, extra virgin olive oil and aged balsamic £2.00 per basket	Toasted pitta bread with either houmous or taramasalata £3.00
Home-salted cashew nuts £2.00		
Marinated anchovies £2.00		
Rollmops £3.00		Stuffed baby peppers with goat's cheese £2.50

STARTERS

Soupe du jour, served with bread £5.50

Salmon ceviche, soured apple purée, avocado, radish, Lymington Bay crab meat, black sesame seeds £8.50

Pan-fried scallops, carrot and cumin purée, carrot cous cous, pickled raisins, coriander cress £10.00

Crispy duck salad, egg noodles, crunchy vegetables, soy ketchup dressing £7.50

Beetroot and artichoke salad, pickled walnuts, Nanny blue cheese, truffle verjus £6.50

Warm tart of smoked haddock and confit potatoes, English mustard vinaigrette, cheddar cheese shavings, watercress £8.50

Beef carpaccio, char-grilled figs, rocket salad, parmesan cheese, rosemary mayonnaise £8.00

WestBeach Mussels £8.00
WestBeach moules marinière
Thai red curry mussels

MAINS

Westbeach fish pie, cheese crumble, seasonal vegetables £12.75

Fish roast dinner, roast potatoes, baked onion, carrots, cabbage, broccoli, bread sauce and gravy £12.50

Fillet of wild sea bass, braised fennel, fennel purée, confit cherry tomatoes, globe artichokes, liquorice root jus £17.50

Pan-fried John Dory, ham hock ballotine, braised baby gem, fondant potato, celeriac, ham hock emulsion £18.50

Hake bourguignon, spinach and mashed potatoes £16.50

Char-grilled 8oz rib eye steak, hand cut chips, garlic mushrooms, grilled plum tomato, béarnaise sauce or Bloody Mary butter £19.90

Slow-cooked pork belly, creamed onions and capers, curly kale, black pudding, sautéed potatoes, mustard jus £14.50

Stuffed pancake with spinach, red onion jam, goat's cheese, tomato butter sauce £12.50

WestBeach mussels with fries £16.00
WestBeach moules marinière
Thai red curry mussels

SIDES

All £3.25 each

Buttered winter greens	Chilli green beans	Seasonal vegetables
WestBeach chips	Gratin potatoes	WestBeach fries
Broccoli & Cheese	Rocket and parmesan salad	

EXPRESS MENU

12.00-3.30PM WEEK DAYS & 12.00-5.00PM WEEKENDS / BANK HOLIDAYS

WestBeach fish finger sandwich with crisp cos lettuce, tartare sauce and fries £7.95

Salmon and haddock fishcake with buttered spinach, free range egg and hollandaise sauce £9.90

Beer-battered cod and chips with mushy peas and tartare sauce £12.50

Pan-fried calves liver, braised lentils, winter greens, char-grilled bacon and crispy onion rings £12.50

Caesar salad with crisp baby gem lettuce, sliced boiled egg, marinated anchovies and aged parmesan
Classic £8.50 Chicken £9.95 Tiger prawn £10.75

Roasted butternut squash risotto, goat's cheese and crispy sage £9.50

CRUSTACEAN

Dorset rock oysters (served natural with shallot vinegar and lemon)
£2.20 each | £12.00 ½ dozen | £21.50 dozen

Whole langoustines served cold with a deviled Marie Rose sauce, fries and mixed salad £17.95

Whole Lymington cracked crab, lime mayonnaise, fries and mixed salad £18.95

Chef's selection of mixed hot shellfish, tarragon emulsion, fries and mixed salad £25.00
(Mussels, clams, razor clams, scallops, cockles, king prawns & langoustines)
Ideal for a starter to share, or a main course for one

- Lobster served with fries and mixed salad £ Please see board for market price
Choose from:
 - Grilled gratinated lobster béarnaise
 - Char-grilled lobster with garlic and herb butter
 - Chilled poached lobster on ice with a lemon mayonnaise

WestBeach Grand Fruit de Mer for 2
Dorset cracked crab, ½ dozen oysters, langoustines, prawns, mussels, clams and cockles, served with salad and fries £49.95
With a whole cracked lobster £79.95

DESSERTS

Pear & nut crumble, clotted cream £6.50

Chocolate terrine, praline purée, cappuccino ice-cream £7.00

Plum trifle £6.50

Earl Grey tea brulée, Eccles cakes £6.00

Selection of Purbeck Ice-Cream, peanut butter cookies £4.50

Selection of British and Continental cheeses, served with biscuits and chutney £9.50

All our ice-cream is sourced from the Purbeck Dorset Ice-Cream company

DESSERT WINES & PORTS 100ml

Glen Carlou, Chenin Blanc	£5.50
Muscat de Beaumes de Venise	£6.00
Cockburns Ruby	£4.00
Taylors LBV	£5.00
Taylors 10 Year Tawny	£7.00

LIQUEUR COFFEES 50ml

Irish (Jameson)	£6.00
Scotch (Bell's)	£6.00
French (Courvoisier)	£6.00
Italian (Amaretto)	£6.00
Calypso (Tia Maria)	£6.00

Join the WestBeach Luncheon club today

2 main courses for the price of 1 (Monday to Friday)

Priority booking throughout the year

A bottle of house Champagne on your birthday

Only £25 for the year

Ask staff for full details or visit www.west-beach.co.uk



AA Rosette
2003 - 2012

THE GOOD
FOOD GUIDE 2012

THE SUNDAY TIMES
Rated 4/5 by AA Gill



Best Seafood Restaurant
in England 2005 - 2008



Bournemouth Tourism
Best Restaurant 2006 - 2008



Michelin
RECOMMENDED